



Main Entrance of Bristol Hospital
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Level E
Bristol, CT 06010
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Sleep Experts:

- ★ Toshita Kumar, MD
- ★ Himanshu Rawal, MD
- ★ Keona Dawson- Camerota, APRN

PATIENT INFORMATION (REQUIRED)

Patient Name: _____ DOB: _____
Address: _____ (City) _____ (Zip) _____
Home Phone: _____ Cell Phone: _____
Primary Insurance: _____ Co- Insurance: _____
Subscriber Name: _____ Subscriber Name: _____
Subscriber #: _____ Subscriber #: _____

☐ **Submit Insurance Card**

SERVICE REQUEST:

- ☐ Sleep Consult (recommended for all referring physicians)- Testing, follow-up, & treatment by sleep physician
- ☐ Testing Only (referring physician orders test, treatment, and follow-up)
- ☐ Testing followed by Consult if testing is positive

TYPE OF TESTING: (Select only if testing applies)

- ☐ Polysomnography- Diagnostic
- ☐ Split Night (Diag/Titration) (AHI 40)
- ☐ Polysomnogram w/ Titration
- ☐ MSLT
- ☐ Home Sleep Test (Choose if patient has no Pulmonary/ Cardiac/ Neurological issues)

INDICATIONS FOR POLYSOMNOGRAPHY/ DIAGNOSTIC SLEEP STUDY (Required Information):

<input type="checkbox"/> Snoring	<input type="checkbox"/> Daytime Sleepiness	<input type="checkbox"/> Nocturnal sleep disruptions
<input type="checkbox"/> Morning Headaches	<input type="checkbox"/> Observed apnea or gasping	<input type="checkbox"/> Shift work Disorder
<input type="checkbox"/> Insomnia	<input type="checkbox"/> Other:	

INDICATIONS FOR TITRATION SLEEP STUDY (Required Information):

<input type="checkbox"/> Obstructive Apnea	<input type="checkbox"/> Daytime Sleepiness	<input type="checkbox"/> Nocturnal sleep disruptions
<input type="checkbox"/> Snoring	<input type="checkbox"/> Observed apnea or gasping	<input type="checkbox"/> Other:

- ☐ **Submit a copy of the physical exam.** Please note: A medical history and physical exam of patients referred for sleep testing is required for AASM accreditation and assists in testing authorizations.
- ☐ **Has the patient had a sleep study in the past?** If yes, please include a copy of study as well as other relevant information to avoid a delay in the patient's office visit or testing authorization.

Referring Physicians Name: _____ Speciality: _____
Referring Physician's Signature: _____ Date: _____ Time: _____
Physicians Phone Number: _____ Fax: _____